



March 2023



VETERANS OF FOREIGN WARS POST 4809
5728 BARTEE ST NORFOLK, VA 23502 est. 1944

757-461-1343

VFWPost4809@gmail.com

www.tidewaterpost4809.org

CDR — Christine Hague-Renwick 757-537-5928

Sr. Vice CDR – Curtis Bobbitt 757-300-9111

Jr. Vice CDR – Lewis Bush 757-609-1417

Quartermaster- Eric Mallett 757-461-5646

Chaplain- Tim Dawley 757-813-8054

Seam Squirrel- Craig Dudley 757-618-5624

AUX Pres – Gloria Klinefelter 757-620-3180

AUX Sr. Vice – Georgette Bannon 757-715-0202

AUX Jr. Vice – Josie Riffle 757-309-0342

AUX Treasurer- Carol Watson 757-761-6455

AUX Chaplain – Suzie Melva-Edwards 860-884-5243

Post Service Officer – Bill Cusson 304-712-2828

From the Commander:

Team 4809,

February Events Completed - The Gold-Star Families of Hampton Roads provided us dinner on the 13th. They provided us Baked Ziti, Stuffed Shells, Meat Balls and Salad. A good time was had by all. RADM Gray helped serve.

VFW District 2 meeting was held on February 11th @ the Smithfield VFW Post.

February 16 and 23rd Mission BBQ donated dinner to us in tribute to our Veterans.

February 25th Installation Ceremony for VFW Post 12217 in Holland (Suffolk).

March Events - Women's History month all the month of March.

March 2nd the Norfolk, (Premium Outlet Mall location) Mission BBQ will provide us dinner in honor of our Veterans @ 1745.

Post dinner for March will be BBQ Chicken, Beans and Slaw. Look at this Month's calendar for times and meals.

Norfolk St. Paddy's Day parade will be held on the 18th. Parade starts @ 0900.

Women Veteran's History Month Celebration will be held on March 20th @ 1800.

March 25th the American Legion Post 327 has invited our Post to be a participant in their event from noon-1500. This is an event providing services and program information for Veterans.

The event will be held @ The American Legion Post 327, 705 Lesner Avenue.

Continue to sell calendars. State has directed we continue to sell calendars to try to sell all of them.

If anybody is interested in helping or taking charge of any of these events, feel free to reach out.

Continuing to serve.

Christine Hague-Renwick – 2022-2023 Post Commander,
VFW Post 4809



March 2023

Auxiliary President:

Dear Auxiliary and Post Members,

I am so happy how great our Post Home it is looking, Wish I could name everyone who is helping to make it look so good. There are those you do not see that quietly come early morning, late night and continue to make the improvements. Thank you all!!!

The month of March has a lot of things going on. The 3rd of March our Auxiliary Dinner the members all agreed to a **POTLUCK** dinner running out of Ideas and those who want to cook so each of us will bring in a covered dish.

March 6th @7:p.m. is our monthly meeting. We have been having a good turnout and it is so nice to see this.

I just wish sometime that we had enough time in the meeting to do a little part of our school of instructions that are so important but with only an hour there is just not enough time.

March 18th is St. Patrick's Day Parade we will have more info at our March meeting. Everyone it's great to see you participate in our breakfast and Dinners and things that we do.

At the beginning of the year there was so much going on with VA Hospital that what to do was hard but seeing that Kathy G. was Hospital Chairman for the Post and seeing that she is also a life member of our Auxiliary, I chose to work with Kathy as information from VA was very little. Now they are getting ready to let us do some things but to also know all can be canceled the next day, so we are winging it for a while. Kathy and I put Gift bags together for Valentine's Day and Kathy took care of delivery, Auxiliary donated \$100.00 towards that.

It is part of my Obligation to bring the Elections of Officers for Auxiliary 4809 to your attention so be it known at our meeting on April 3, 2023. These are Officers for 2023-2024 year, I am in hopes we have a good attendance at this meeting to include some of you to come forward and let us know if you're interested in a position. It has been expressed by our State Past President Ellen to remind all that do take an office, to keep in mind to attend Schools of Instructions the Department when they are scheduled, Especially the Trustees and Treasurer 's. Keep in mind you may have to travel for these things.

I wish a Happy Spring for all and to those members that are Sick, we Pray for your recovery.

Sincerely,
Gloria Klinefelter
Post 4809 Auxiliary President
757-620-3180

From the Post Chaplain:

Brothers and Sisters,

I hope this finds everyone well.

Please keep our canteen manager (Ruthie) in your thoughts and prayers while she is dealing with health issues.

Also remember if you or a family member should become ill, confined at home, admitted to the hospital, or experience the loss of a loved one, be sure to contact me, Tim Dawley at (757-813-8054 or the Post Home at (757) 463-4343).

One of our most important responsibilities as VFW members is to provide emotional support whenever possible to our fellow Comrades, Sisters, and family members. Never forget to pray for each other as well as all our active-duty service personnel, DOD civilians, first responders, medical personnel both stateside and overseas. Check on each other. If you need anything or know of anyone that needs anything and/or need assistance getting help, please ask!!! When it comes to "Volunteerism", try to remember how good it felt when you helped and gave assistance to someone and the feeling of gratitude that those people had. Also, even the life changing effects it might have had on our own lives and the lives of those we assisted.

It is important that that we approach volunteerism and how we accomplish it with a generous spirit and continue to do what we can to help and assist our fellow Veterans. Is that not what the VFW is all about: "Veterans helping other Veterans"?

Here is one of Mother Theresa's teachings: "We alone cannot change the world, but we can cast a stone across the water to create many ripples!
Thank you and God Bless.

Very respectfully,
Tim Dawley
(757)813-8054
Timothy.dawley@gmail.com



March2023

From The Seam Squirrel:

Listen up Cooties,

February was an extremely lousy month. We completed a Scratch, our Cootie Burger Night, and Cootie Breakfast. We also bless with two trips to the VA Hospital to host bingo for the Veterans in the Dom and the Community Living Center. A lousy time was had by all.

We are always looking for new WORTHY Post members that are ready to be invited to our crummy fraternity. As the working members of the Post, we need members that will support our activities. The meals we prepare are how we raise money to assist Veterans and Post members with any appropriate necessary/ unmet needs they may have.

So, it is important that we support these functions. The shopping, the prep work, the cooking, the serving, and the cleanup all need to be done, to make our customers happy and keep them coming back. Remember to keep your food handlers' card current and on file at the Post. These expire every two or three years depending on which city it was issued. Please ensure the Canteen Manger has your Food Handler Card on file.

As the working members of the Post, please continue to support Post and Auxiliary activities. For these events keep a close eye on the Post newsletter. When supporting these activities wear your Cootie Gear to show off our organization and be on the lookout for new recruits.

We are always looking for new ways to increase the Crummy Duffel Bag. Please bring those lousy ideas to the next Scratch.

Up Coming Events:

- 07 March – Scratch
- 11 March – Cootie Installation
- 13 March – Post Meeting
- 15 March – Post Hospital BINGO (Possible)
- 19 March – Cootie Hospital BINGO
- 21 March – House Committee Meeting
- 24 March – Cootie Steak Night
- 26 March – Cootie Breakfast
- 31 March – Cootie Burger Night

Friendly Reminder for Life Members, Look at Legacy Life Membership. Bronze is \$400.00, Silver is \$800.00,

and Gold is \$1,200.00. \$400.00 for each level. The benefits of each are listed on the VFW Website. This is a great way to support your post.

I hope to see you all soon. Please safe and look out for each other. Please let me know if you need anything!!!

Yours in L.O.T.C.S.,

Craig Dudley

Seam Squirrel (Round 2)

757-618-5624

Craig.VFW4809@gmail.com



Opening Day is March
30th!



March 2023

From the Canteen:

We offer Pizza, Cheeseburgers, Hot Dogs, Lumpia, Mozzarella Sticks, French Fries, Tater Tots, Jalapeno Poppers, and Loaded Potato Skins daily in the Canteen. Come on out and enjoy some snacks!

Upcoming Dinners MAR 2023:

- 03 MAR -Aux Dinner – Potluck.
- 10 MAR – Post Dinner – BBQ Chicken.
- 17 MAR – Corp Dinner – Shepard’s Pie.
- 24 MAR – **MOC Burgers & Fries.**
- 26 MAR – **MOC Breakfast.**

Canteen Entertainment for MAR 2023:

- 10 MAR – DJ Mike in the Canteen.
- 24 MAR – DJ Mike in the Canteen.

*****WE HAVE A NEW GAME ON THE ETAB MACHINES, AND NEW BET AMOUNTS, CAN WIN UP TO \$1,000.00!! COME ON OUT AND PLAY!!!!*****



Food Handlers Card reminder: If you are working in the kitchen, you need an up-to-date card. eFoodhandlers.com

COME IN AND SUPPORT YOUR POST AND ENJOY THE COMRADERY!

If you have any questions, please contact the Canteen Manager.

CANTEEN HOURS:

09:00 AM to 02:00 AM MONDAY thru SUNDAY

*****NOTE: Canteen can close at the discretion of the on-duty Bar tender. *****

Pool Tournaments!!!!

Pool Tournaments will be every Saturday of each month starting at 3:30 PM.



BACK BY POPULAR DEMAND – WING AND SHRIMP TEAMS!!!!

TEAM “BLUE JACKET NAVY” – Bill Cusson and James Reid

TEAM “RUN SILENT; RUN DEEP” – Curtis Bobbitt and Zach Nettles

TEAM “GATOR NAVY” – Dave Alexander and Martie Braunshausen

TEAM “FLAT TOP NAVY” – TIM Dawley and Kathy Goodall



Respectfully,
Ruth and Theresa

March2023

General Information:

1. **Happy Hour Pricing:** Canteen happy hour price time runs from 5pm to 7pm Monday thru Friday **ONLY**. The Canteen Bar Tender will not accept any happy hour drink vouchers **AFTER 7pm**. If you have happy hour drink vouchers, please utilize them only during happy hour timeframes.
2. **Locker Dues:** Commencing 01 JAN 2023 all locker fees are due for the year, to be paid yearly each calendar year. Also, commencing 01 JAN 2023 all locker dues will increase to \$20.00 a year. Pay your locker dues to the Canteen Manager or put your dues in an envelope and give them to the on-duty Bar Tender.
3. **Food Handler Cards:** Anyone making, cooking, or serving food in the Post Home is required to have a valid Virginia Food Handler Card. Get yours now at www.efoodhandlers.com
4. **Thank You Volunteers!** Thank you to all the volunteers for working on the Post Home upgrades. We continue to need more help, so please come down and lend a Comrade a hand!
5. **Front Door Access:** The Post Home main entrance is locked during normal operation. Please use the keypad to gain entrance. Please call the Canteen if you need the keypad combo at 747-461-1343.
6. **Newsletter Inputs:** All newsletter inputs are due to Dave Alexander by the 20th of each month. Please send me your newsletter inputs at: cwo1967@yahoo.com
7. **Shrimp and Wing Teams:** Anyone interested in joining or starting a Wednesday shrimp and wing team, please see Dave Alexander to be included in the watch rotation.
8. **Annual Corporation Meeting:** The Annual Corporation Meeting will be held immediately following the Post Meeting on April 10, 2023. All VFW and Auxiliary Members are welcomed to attend.



March 2023

Upcoming Events:

Paint Night at
VFW 4809

Date: 4/1







Price: \$25.00

What: We will be
painting statues
of the lone
sailor.

Who: Kathy
Goodall will be
providing the
workshop.



March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEKLY DINNER MENUS SUBJECT TO CHANGE			1 Post Inventory Fried/ Steamed Shrimp – Team Blue Jacket Navy 5:30 pm to 7:30 pm	2	3 Aux Dinner: POTLUCK 6:30 pm	4 Pool Tournament 3:30 pm 
5 NASCAR IN THE CANTEEN!	6 Aux Meeting 7:00 pm	7 MOC Scratch 7:00 pm	8 Wings – Team Flat Top Navy 5:30 pm to 7:30 pm	9 Trivia Night in the Canteen 6:30 pm	10 BLOOD DRIVE 10am Post Dinner: BBQ Chicken 6:30pm DJ MIKE	11 MOC Installation Pool Tournament 3:30 pm 
12 Daylight Saving Time Begins – Advance clocks 1 hour. NASCAR IN THE CANTEEN!	13 Post Meeting 7:00 pm Annual Corporation Meeting (after Post MTG)	14	15 Post VA Hospital Visit Fried/ Steamed Shrimp – Team Gator Navy 5:30 pm to 7:30 pm	16	17 HAPPY ST. PATRICK'S DAY!  Erin go Bragh Corp Dinner: Shepard's Pie 6:30 pm	18 Ocean View St. Paddy's Day Parade Corned Beef and Cabbage – Post Afterwards Pool Tournament 3:30 pm 
19 NASCAR IN THE CANTEEN! MOC VA Hospital	20	21 HC Meeting 7:00 pm	22 Wings – Team Run Silent Run Deep 5:30 pm to 7:30 pm	23 Trivia Night in the Canteen 6:30 pm	24 MOC Steak Night 6:30 pm	25 Pool Tournament 3:30 pm 
26 MOC Breakfast 0930 – 1100 NASCAR IN THE CANTEEN!	27	28	29 Fried/ Steamed Shrimp – Team Flat Top Navy 5:30 pm to 7:30 pm	30 BASEBALL OPENING DAY!!! PLAY BALL!!! 	31 MOC Burgers and Fries 6:30 pm Birthday Bash – JAN, FEB, MAR DJ MIKE	***WEEKLY DINNER MENUS SUBJECT TO CHANGE***