

VETERANS OF FOREIGN WARS POST 4809 5728 BARTEE ST NORFOLK, VA 23502 est. 1944

757-461-1343

VFWPost4809@gmail.com

www.tidewaterpost4809.org



Sr. Vice CDR - Lewis Bush 757-609-1417

Jr. Vice CDR – Zach Nettles 757-477-2353

Quartermaster-Oraig Dudley 757-6185624

Chaplain-Tim Dawley 757-813-8054

Seam Squirrel-Dave Alexander 757-574-3564

AUX Pres - Martie Braunshausen 757-289-1686

AUX Sr. Vice - Josie Riffle 757-309-0342

AUX Jr. Vice - Laurie Fary 757-343-8401

AUX Treasurer- Ashley Johnson 757-572-2687

AUX Chaplain - Suzie Melva-Edwards 860-884-5243

Post Service Officer - Bill Cusson 304-712-2828

From the Commander:

Family 4809,

August was a busy month for us, we held the District 2 recruiting school of instruction here at our Post. We also attended the District 2 meeting at VFW Post 392 as well. We had a huge turnout for the Tides game, so thank you to everyone who attended.

What is happening now:

As some of you may know that next year is our Post's 80th birthday. Our Senior Vice Commander Lewis Bush is putting together a committee to plan our celebration. If you are interested in being a part of the planning committee, or if you have any ideas to make this the best celebration ever, please make your voices heard.

Upcoming in September:

On the fourth we are having a Labor Day picnic here at the Post Home. We are going to have games and fun for the entire family. There will also be a dunk tank so if you think you can dunk me come out and give it a shot. The Auxiliary President will also be in the tank so there are more people other than me you could splash.

September 11th we will be remembering our countries darkest day when we lost 2,977 lives in the cowardly terrorist attacks. Please come out and help us pay tribute and remembrance to everyone that died that day and pay our respect to all the heroes.

Chief Selects will be helping at the Post Home on the 1st and 16th of September. If you are/were a chief and want to come out those days and provide some Chiefly guidance, they will be here on those days around 9AM-2PM.

The Post dinner will have some Puerto Rican flare this month. It will be Pollo Guisado. If you need a translation, Chicken Stew with Yellow Rice, and Beans. Auxiliary member Victoria Cardona will be cooking up a meal for us! Trust me when I say, this is one dinner you do not want to miss.

The next Post meeting will be held on Monday, September 11th @7:00PM. Every member of the Post is invited and highly encouraged to attend. Come find out and be a part of what your Post is planning for us!

Still Serving Curtis Bobbitt 2023-2024 Post Commander, VFW Post 4809 (757) 300-9111



Auxiliary President:

Hello Comrades, Sisters, and Brothers,

Summer is almost over, and man was it a HOT one. I am ready for some Fall weather!

The Post is having a Labor Day Picnic on Monday Sep 4 at Noon. All are welcome and encouraged to attend. Please bring your favorite side dish or a dessert to share. There will be a Dunk Tank and the Post CDR Curtis and myself with a few other volunteers, will be inside the tank at various times to raise money for the Post and the AUX. I challenge EVERYONE to come and ATTEMPT to dunk me!

We also have our Fall Festival Oct 14. If you are interested or know someone who is, please contact Ashley Johnson or Ryan Riffle.

The AUX is still doing the 50/50 \$1000 raffle. Please sign some out and take them to work or Church functions sell them to your family and friends. I challenge all to sell at least five tickets.

District 2 meeting was held, and our Treasurer Ashley was awarded 2 Good Job awards, one was for recruiting (5) Auxiliary members, and the other was for getting all the required items in on time. Congrats Ashley!

I would like to welcome Vicki Nuvill to the AUX. Please introduce yourself if you see her around the Post Home.

Dinner on Sept 1 will be Beef Stroganoff, Veggie, roll and Salad at 6:30, cost is \$10. Will need help in the kitchen and servers. Thank you.

AUX meeting will be Sept 18 at 7 PM, the change is due to Labor Day is a Holiday.

Please check the Calendar for events throughout the month, there is always something happening in the Canteen. Be Safe and see you all around the Post!

Sincerely, Martie Braunshausen Post 4809 Auxiliary President 757-289-1686

From the Post Chaplain:

Brothers and Sisters,

I hope everyone had a wonderful month of August and I pray you have a great Labor Day.

Please keep our Post family members who are having health issues in your thoughts and prayers. Check on each other. If you need anything, and need assistance getting it, please ask!!! Please keep Dave Alexander in your thoughts and prayers as he continues to do great after his knee replacement, Rob Fary as he lost his father recently, Gary Messersmith has been admitted in the hospital due to cancer, and prayers for Gloria and Lee Baines, and all Post membership for the loss of Comrade Timm Burket. Also please keep Ruthie in your thoughts and prayers as well.

Remember, if you or a family member should become ill, confined at home, admitted to the hospital, or experience the loss of a loved one, be sure to contact me, Tim Dawley at (757-813-8054 or the Post Home at (757) 463-4343). One of our most important responsibilities as VFW members is to provide emotional support whenever possible to our fellow Comrades, Sisters, and family members. Never forget to pray for each other as well as all our active-duty service personnel, DOD civilians, first responders, medical personnel both stateside and overseas.

Watch out for each other. We are all family. Sometimes just an ear to listen can help someone tremendously. Please stay safe and I will see you around the Post home!!

Ephesians 6:11 "Put on the full armor of God so that you can take your stand against the devil's schemes."

Very respectfully, Tim Dawley (757)813-8054 Timothy.dawley@gmail.com



From the Auxiliary Chaplain:

Dear Brothers and Sisters,

Blessings to "you and yours!" Fall is approaching fast! Cool weather! And Don't forget our" Back to School Drive" stop by and drop off a few supplies for students going back to school! Your support is much appreciated! There are many events going on; Labor Day Picnic, DJs, Dinners, and our pool tournaments to name a few. Come on down and support our Veterans! You will enjoy the good company and make memories! Remember a call or a quick visit can bring a smile and lift spirits more than we know.

Let us remember our Veterans and the wonderful work that this organization performs to Honor them and our God. Please Pray for our members, the Ukrainian People and all those that are supporting them.

"Peace, I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:27

If you need anything, please contact me at edwardsmelva73@yahoo.com. If you are sick, in the hospital, or know of anyone who is, please call me at (860)-884-5243.

Look forward to seeing all of you, as we come out to support our Veterans!!

God Bless You and keep you!

Susie Edwards VFW Post 4809 Auxiliary Chaplain

From The Seam Squirrel:

Listen up Cooties,

August was an extremely lousy month! We completed a Scratch, Cootie Burger Night, Cootie Safari, and Cootie Breakfast. Thank you to all who helped on our wild Cootie weekend! Your LOUSY EFFORTS were noted and NOT APPRECIATED in support of all our LOUSY EVENTS! We also were Dynamic Lousy Bunch and were able to beat traffic and get over to the VA Hospital to host Bingo for the Veterans there.

We are always looking for new WORTHY Post Comrades who are willing and able to be invited into the seams of our crummy Pup Tent! As a COOTIE we are the working members of the Post, we need able bodied Comrades that are willing support our crummy events. The meals we prepare are how we raise money to assist Veterans and fellow Comrades with any appropriate necessary / unmet needs they may have.

It is especially important we support these functions. The shopping, the prep work, the cooking, the serving, and the cleanup all need to be done to make our customers happy and keep them coming back. Remember to keep your food handlers' card current and on file at the Post. These expire every three years. Please ensure the Canteen Manger has your Food Handler Card on file.

As a working member of the Post, please continue to support Post and Auxiliary activities. For these events keep a close eye on the Post newsletter. When supporting these activities wear your Cootie Gear to show off our great organization and be on the lookout for new Nits!

We are always looking for new ways to increase the Crummy Duffel Bag. Please bring those lousy ideas to the next Scratch.

Up Coming Events:

05 SEPTEMBER - Scratch

11 SEPTEMBER - Post Meeting

17 SEPTEMBER – Cootie Hospital BINGO

19 SEPTEMBER - House Committee Meeting

22 SEPTEMBER - Cootie Steak Night

24 SEPTEMBER - Cootie Breakfast

29 SEPTEMBER – Cootie Burger Night

I hope to see you all soon. <u>OUR SCRATCH IS ON 05 SEP!</u> Please be safe and look out for each other. Please let me know if you need anything!!!

Yours in L.O.T.C.S., Dave Alexander Sr. Seam Squirrel (Round 2) 757-574-3564 Cwo1967@yahoo.com



Enjoy NCAA Football, NFL Football, Baseball, and NASCAR in the Canteen Every Day at VFW Post 4809!!









From the Canteen:

We offer Pizza, Cheeseburgers, Hot Dogs, Lumpia, Mozzarella Sticks, French Fries, Tater Tots, Jalapeno Poppers, and Loaded Potato Skins daily in the Canteen. Come on out and enjoy some snacks!

Upcoming Dinners SEPTEMBER 2023:

01 SEP – Aux Dinner – Beef Stroganoff.

08 SEP - Post Dinner - Pollo Guisado.

15 SEP – Corp Dinner – Chicken thighs with side dish.

22 SEP - MOC Steak Night.

24 SEP - MOC Breakfast.

29 SEP - MOC Burgers & Fries.

Canteen Entertainment for SEPTEMBER 2023:

08 SEP – DJ Mike in the Canteen.

22 SEP – DJ Mike in the Canteen.

29 SEP – DJ Mike in the Canteen.

***WE HAVE A NEW GAME ON THE ETAB MACHINES, AND NEW BET AMOUNTS, CAN WIN UP TO \$1,000.00!! COME ON OUT AND

PLAY!!!!***

Food Handlers Card reminder: If you are working in the kitchen, you need an up-to-date card. eFoodhandlers.com

COME IN AND SUPPORT YOUR POST AND ENJOY THE COMRADERY!

If you have any questions, please contact the Canteen Manager.

CANTEEN HOURS:

09:00 AM to 02:00 AM MONDAY thru SUNDAY

***NOTE: Canteen can close at the discretion of the on-duty Bar tender. ***

Pool Tournaments!!!!!

Pool Tournaments will be every Saturday of each month starting at 3:00 PM (except during special Post events).



BACK BY POPULAR DEMAND – WING AND SHRIMP TEAMS!!!!!

TEAM "BLUE JACKET NAVY" – Bill Cusson and James Reid

TEAM "RUN SILENT; RUN DEEP" – Curtis Bobbitt, Zach Nettles, Mo Maurizzio

TEAM "GATOR NAVY" –
Dave Alexander and Martie
Braunshausen

TEAM "FLAT TOP NAVY" – Tim

Dawley and Kathy Goodall





Respectfully,

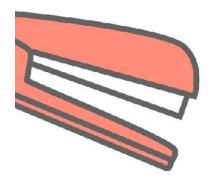
Theresa and Curtis

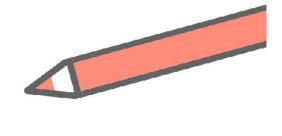
General Information:

- 1. <u>75/25 Daily Drawing:</u> Due to a change in the Federal tax laws the next 75/25 daily drawing payout will be capped at \$599.00.
- 2. <u>Happy Hour Pricing:</u> Canteen happy hour price time runs from 5pm to 7pm Monday through Friday **ONLY**. The Canteen Bar Tender will not accept any happy hour drink vouchers **AFTER 7pm**. If you have happy hour drink vouchers, please utilize them only during happy hour timeframes.
- 3. <u>Front Door Access:</u> The Post Home main entrance is now accessed using a Fob. To get your Fob, contact Theresa, Curtis, or Craig!
- 4. <u>Locker Dues:</u> Commencing 01 JAN 2023 all locker fees are due for the year, to be paid yearly each calendar year. Also, commencing 01 JAN 2023 all locker dues will increase to \$20.00 a year. Pay your locker dues to the Canteen Manager or put your dues in an envelope and give them to the on-duty Bar Tender.
- 5. <u>Food Handler Cards:</u> Anyone making, cooking, or serving food in the Post Home is required to have a valid Virginia Food Handler Card. Get yours now at www.efoodhandlers.com
- 6. <u>Newsletter Inputs:</u> All newsletter inputs are due to Dave Alexander by the 20th of each month. Please send me your newsletter inputs at: cwo1967@yahoo.com
- 7. **Shrimp and Wing Teams:** Anyone interested in joining or starting a Wednesday shrimp and wing team, please see Dave Alexander to be included in the watch rotation.
- 8. <u>Canteen Price Increases:</u> Please be aware certain items in the Canteen have increased in pricing.
- 9. *Canteen Credit Card Purchases:* Minimum credit card charge in the Post Canteen is \$10.00.

Upcoming Events





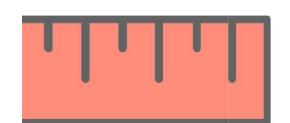


POST 4809 AUXILIARY SCHOOL SUPPLY DRIVE

Help make sure kids have what they need for the school year!

August 1st through September 4th

A box will be placed Near the entrance to the canteen.







Tickets on sale through October 6th.
200 tickets
2 chances to win











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEKLY DINNER MENUS SUBJECT TO CHANGE					1 Post Inventory Beef Stroganoff Aux Dinner: 6:30pm	2 NCAA FOOTBALL SATURDAY! Pool Tournament 3:00 pm
3 BASEBALL AND NASCAR IN THE CANTEEN!	4 HAPPY LABOR DAY! POST AND AUX PICNIC! – 12:00 PM	5 MOC Scratch 7:00 pm	6 Wings - Team Flattop Navy 5:30 pm to 7:30 pm	7 2023 NFL FOOTBALL SEASON BEGINS IN THE CANTEEN!!	8 Post Dinner: Pollo Guisado 6:30pm DJ MIKE	9 NCAA FOOTBALL SATURDAY! Pool Tournament 3:00 pm
10 NFL FOOTBALL SUNDAY IN THE CANTEEN! BASEBALL AND NASCAR IN THE CANTEEN!	Post Meeting 7:00 pm	12 HC Meeting 7:00 pm	13 Fried/ Steamed Shrimp - Team Run Silent Run Deep 5:30 pm to 7:30 pm	14	15 Corp Dinner: Chicken Thigh w/side dish. 6:30 pm	16 NCAA FOOTBALL SATURDAY! Pool Tournament 3:00 pm
17 MOC VA Hospital Visit NFL FOOTBALL SUNDAY IN THE CANTEEN! BASEBALL AND NASCAR IN THE CANTEEN!	18 Aux Meeting 7:00 pm	19	20 Wings – Team Gator Navy 5:30 pm to 7:30 pm	21	22 MOC Steak Night 6:30 pm	23 NCAA FOOTBALL SATURDAY! Pool Tournament 3:00 pm
24 MOC Breakfast 0930 NFL FOOTBALL SUNDAY IN THE CANTEEN! BASEBALL AND NASCAR IN THE CANTEEN!	25	26	27 Fried/ Steamed Shrimp - Team Bluejacket Navy 5:30 pm to 7:30 pm	28	29 MOC Burgers/Fries 6:30 pm Birthday Bash! DJ MIKE	30 NCAA FOOTBALL SATURDAY! Pool Tournament 3:00 pm