



March 2024

VETERANS OF FOREIGN WARS POST 4809
5728 BARTEE ST NORFOLK, VA 23502 est. 1944
757-461-1343



VFWPost4809@gmail.com

www.tidewaterpost4809.org

CDR — Curtis Bobbitt 757-300-9111

Sr. Vice CDR — Lewis Bush 757-609-1417

Jr. Vice CDR — Zach Nettles 757-477-2353

Quartermaster- ~~Craig Dudley~~ 757-6185624

Chaplain- Tim Dawley 757-813-8054

Seam Squirrel- Dave Alexander 757-574-3564

AUX Pres — Martie Braunshausen 757-289-1686

AUX Sr. Vice — Josie Riffle 757-309-0342

AUX Jr. Vice — Laurie Fary 757-343-8401

AUX Treasurer- Ashley Johnson 757-572-2687

AUX Chaplain— Suzie Melva-Edwards 860-884-5243

Post Service Officer — Bill Cusson 304-712-2828

From the Commander:

Family 4809,

Here is some information that I'm not sure if everyone was aware of. As a member of the VFW, every member can take advantage of a multitude of discounts and services through member benefits on the VFW National website. What is offered ranges from insurance to travel services, and from retail to medical services. There is even an app you could download called 'Perk Spot' on your phone.

What's happening now:

As some of you may know, later this year is our Post's 80th birthday. Our Senior Vice Commander Lewis Bush is putting together a committee to plan our celebration. If you are interested in being part of the planning committee or if you have any ideas to make this the best celebration ever, please make your voices heard. The 80th Anniversary Challenge Coin is available for pre-order now for \$20.00.

Upcoming in March:

Nominations for our Post Officers are happening at the next meeting. If you have the motivation to take a position in the Post, come and throw your name in the hat. Remember, every member of Tidewater Post 4809 is eligible for every position.

St. Patrick's Day Parade will be happening (pending weather) on March 16th. The parade will take place in Oceanview @0800.

The Post dinner for this month is chicken thighs with creamy mushroom garlic sauce served by me.

Next Post meeting will be held on Monday, March 11th @7:00PM. Every member of the Post is invited and highly encouraged to attend. Come find out and be a part of what your Post is planning for us! Also, right before the meeting the Gold Star Mothers are providing a meal for our Veterans. So, let's make sure we show up and thank them for their sacrifice and their service to Veterans.

Still Serving,
Curtis Bobbitt
2023-2024 Post Commander,
VFW Post 4809
(757) 300-9111



March 2024

Auxiliary President:

Hello to all! Welcome to spring! I am so ready for some warm nice weather.

The month of March will be a busy one. The Auxiliary Dinner is March 1 at 6:30, we will be having Fried Fish, Macaroni and Cheese, Mixed Veggies, Salad, and Dessert all for \$10.00!! It starts at 6:30 - Don't be late or you might miss out. I will need some help with serving and cleaning up.

The Auxiliary Meeting is on Monday 4 March at 7, hope to see you there. ST Patrick's day Parade is Sat March 16th, it starts at 9 AM on Granby St right in front of Northside Middle school. It is always a great time. When it is over, come back to the Post and have some Corned Beef and Cabbage in the Canteen. It is a Fun time.

It is part of my Obligation to bring the Election of Officers for Auxiliary 4809 to your attention, so that it be known for our meeting April 1, 2024. The Elections will be for the Officers for the year 2024-2025. If anyone is interested in any position or has any questions, please let me know. I hope that we have a great turnout for this meeting, these officers will be your representatives for the next year.

Please continue to look at the calendar and support other functions in the Post, Wednesday night Wings and Shrimp, other Friday Dinners, and Cootie Breakfast.

I hope all continue to be safe and healthy, please if you know of an Aux member who is ill or in the Hospital, please reach out to Myself or our Chaplin Susie.

Sincerely,
Martie Braunshausen
Post 4809 Auxiliary President
757-289-1686

From the Post Chaplain:

Brothers and Sisters,

I hope everyone enjoyed their Valentines Day with their significant others.

We have the Saint Patrick's day parade coming up on March 16th and it is always a good time.

Keep our post family members who are having health issues in your thoughts and prayers. I know there are a lot of our members recovering from surgeries and fighting other health issues as well as personal issues.

Remember, if you or a family member should become ill, confined at home, admitted to the hospital, or experience the loss of a loved one, be sure to contact me, Tim Dawley at (757-813-8054 or the Post Home at (757) 463-4343).

One of our most important responsibilities as VFW members is to provide emotional support whenever possible to our fellow Comrades, Sisters, and family members. Never forget to pray for each other as well as all our active-duty service personnel, DOD civilians, first

responders, medical personnel both stateside and overseas.

Watch out for each other. We are all family. Sometimes just an ear to listen can help someone tremendously.

Please stay safe and I will see you around the Post home!!

A Bible verse for The month of March

Psalm 46:1 – "God is our refuge and strength, an ever-present help in trouble."

Very respectfully,

Tim Dawley

(757)813-8054

Timothy.dawley@gmail.com

From the Auxiliary Chaplain:

Dear Brothers and Sisters,

Blessings to "you and yours!" There are many events going on; Lunches, DJs, Dinners, and our pool tournaments to name a few. We recently enjoyed our "First Murder Mystery Night". It was a fun time! Come on down and support our Veterans! You will enjoy the good company and make memories! Remember a call or a quick visit can bring a smile and lift spirits more than we know.

Let us always remember our Veterans and the wonderful work that this organization preforms to Honor them and our God.

"A new commandment I give to you, that you love one another; just as I have loved you, you also are to love one another." John 13:34

If you need anything, please contact me at

edwardsmelva73@yahoo.com. If you are sick, in the hospital or know of anyone who is, please call me on (860)-884-5243.

Look forward to seeing all of you, as we have come out to support our Veterans!!

God Bless You and keep you!

Susie Edwards

VFW Post 4809 Auxiliary Chaplain

March 2024

From The Seam Squirrel:

Listen up Cooties,

Another month bites the dust! We completed a Scratch, a Burger Night, and Breakfast events. We even had the opportunity to train our new Nit! Thank you to all who help with our Cootie events! Your LOUSY EFFORTS are noted and NOT APPRECIATED at all!

We are always looking for new WORTHY Post Comrades who are willing and able to be invited into the seams of our crummy Pup Tent! As a COOTIE we are the working members of the Post, we need able bodied Comrades that are willing to support our crummy events. The meals we prepare are how we raise money to assist Veterans and fellow Comrades with any appropriate necessary / unmet needs they may have.

It is especially important we support these functions. The shopping, the prep work, the cooking, the serving, and the cleanup all need to be done to make our customers happy and keep them coming back. Remember to keep your food handlers' card current and on file at the Post. These expire every three years. Please ensure the Canteen Manger has your Food Handler Card on file.

As a working member of the Post, please continue to support Post and Auxiliary activities. For these events keep a close eye on the Post newsletter. When supporting these activities wear your Cootie Gear to show off our great organization and be on the lookout for new Nits!

We are always looking for new ways to increase the Crummy Duffel Bag. Please bring those lousy ideas to the next Scratch.

Up Coming Events:

05 MARCH – Scratch

09 MARCH – MOC Installation

10 MARCH – Advance clocks ahead 1 hour

11 MARCH – Post Meeting

16 MARCH – St. Patrick's Day Parade

17 MARCH – VA Hospital MOC Bingo - DOM

19 MARCH – House Committee Meeting

22 MARCH – MOC Steak Night

29 MARCH – MOC Burgers, Fish Sandwiches, Fries, and Onion Rings

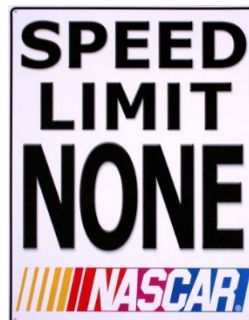
31 MARCH – MOC Breakfast

I hope to see you all soon. OUR SCRATCH IS ON 05 MAR! Please be safe and look out for each other. Please let me know if you need anything!!!

Yours in L.O.T.C.S.,
Dave Alexander Sr.
Seam Squirrel (Round 2)
757-574-3564
Cwo1967@yahoo.com



Enjoy NASCAR, NCAA Basketball, and Baseball in our Canteen at VFW Post 4809!!



March 2024

From the Canteen:

We offer Pizza, Cheeseburgers, Hot Dogs, Lumpia, Mozzarella Sticks, French Fries, Tater Tots, Jalapeno Poppers, and Loaded Potato Skins daily in the Canteen. Come on out and enjoy some snacks!

Upcoming Dinners MARCH 2024:

01 MAR – Aux Dinner – Fish & Chips.
08 MAR – Post Dinner – Chicken Thighs.
16 MAR – Corp Dinner – Reuben Sandwiches.
22 MAR – **MOC Steak Night.**
29 MAR – **MOC Burgers/Fish Sandwich/Fries.**
31 MAR – **MOC Breakfast.**

Canteen Entertainment for MARCH 2024:

08 MAR – DJ Mike in the Canteen.
16 MAR – DJ Knight in the Canteen.
29 MAR – Birthday Bash in the Canteen.
29 MAR – DJ Mike in the Canteen.

*****WE HAVE A NEW GAME ON THE ETAB MACHINES, AND NEW BET AMOUNTS, CAN WIN UP TO \$1,000.00!! COME ON OUT AND PLAY!!!!*****

Food Handlers Card reminder: If you are working in the kitchen, you need an up-to-date card. eFoodhandlers.com

COME IN AND SUPPORT YOUR POST AND ENJOY THE COMRADERY!

If you have any questions, please contact the Canteen Manager.

CANTEEN HOURS:

09:00 AM to 02:00 AM MONDAY thru SUNDAY

*****NOTE: Canteen can close at the discretion of the on-duty Bar tender. *****

Pool Tournaments!!!!

**Post Tournaments are every 2nd and 4th Saturday at 3:00pm!
APA 8-ball Rules.**



BACK BY POPULAR DEMAND – WING AND SHRIMP TEAMS!!!!

**TEAM “BLUE JACKET NAVY” –
Bill Cusson and James Reid**

**TEAM “RUN SILENT; RUN DEEP” –
Curtis Bobbitt, Zach Nettles, Mo Maurizzio**

**TEAM “GATOR NAVY” –
Dave Alexander, Steve, and Martie Braunshausen**

TEAM “FLAT TOP NAVY” – Tim Dawley and Kathy Goodall



Respectfully,
Theresa and Curtis

March 2024

General Information:

1. **Happy Hour Pricing:** Canteen happy hour price time runs from 5pm to 7pm Monday through Friday **ONLY**. The Canteen Bar Tender will not accept any happy hour drink vouchers **AFTER 7pm**. If you have happy hour drink vouchers, please utilize them only during happy hour timeframes.
2. **Front Door Access:** The Post Home main entrance is now accessed using a Fob. To get your Fob, contact Theresa, Curtis, or Craig!
3. **Locker Dues: Locker renewals are now due!** Locker dues cost \$20.00 a year. Pay your locker dues to the Canteen Manager or put your dues in an envelope and give them to the on-duty Bar Tender.
4. **Food Handler Cards:** Anyone making, cooking, or serving food in the Post Home is required to have a valid Virginia Food Handler Card. Get yours now at www.efoodhandlers.com
5. **Newsletter Inputs:** All newsletter inputs are due to Dave Alexander by the 20th of each month. Please send me your newsletter inputs at: cwo1967@yahoo.com
6. **Shrimp and Wing Teams:** Anyone interested in joining or starting a Wednesday shrimp and wing team, please see Dave Alexander to be included in the watch rotation.
7. **Canteen Credit Card Purchases:** Minimum credit card charge in the Post Canteen is \$10.00.



March 2024



American Gold Star Mothers, Inc. Hampton Roads Chapter



We Are Lucky To Have Our Veterans Dinner

Date: Monday, March 11, 2024

Time: 6:00 p.m.—7:00 p.m.

Location: VFW Post 4809—5728 Barteet Street, Norfolk

The American Gold Star Mothers, Inc. — Hampton Roads Chapter Moms will be honoring VFW Post 4809 members for their services by providing an Irish Style "St. Patty's Dinner".

Dinner will include Corned Beef and Cabbage, Chicken, Potatoes, Salad, Bread/Rolls, and assortment of Desserts

Come meet the Moms and bring a big appetite!



March 2024









\$20

Jan 1, 2024

LOCKER FEES ARE DUE!

**Must be current by the
end of February or
contents will be emptied.**

March 2024

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<p>***WEEKLY DINNER MENUS SUBJECT TO CHANGE***</p>					<p>1 Aux Dinner: Garlic Chicken Parm 6:30pm</p> <p>Post Inventory</p>	2
<p>3 <i>NASCAR IN THE CANTEEN!</i></p>	<p>4 Aux Meeting 7:00 pm</p>	<p>5 Taco Tuesday  MOC Scratch 7:00 pm</p>	<p>6 Fried/Steam Shrimp – Team Bluejacket Navy 5:30 pm to 7:30 pm</p>	7	<p>8 Post Dinner: Chicken Thighs</p> <p>DJ Mike</p>	<p>9 Pool Tournament 3:00 pm  MOC Installation</p>
<p>10 <i>Advance Clocks Ahead 1 Hour!</i> <i>NASCAR IN THE CANTEEN!</i></p>	<p>11 Post Meeting 7:00 pm</p> <p>Annual Corporation Meeting (after Post MTG)</p>	<p>12 Taco Tuesday </p>	<p>13 Wings – Team Run Silent Run Deep 5:30-7:30pm</p>	14	<p>15 Corp Dinner: Reuben Sandwiches 6:30 pm</p>	<p>16 <i>Ocean View St. Paddy's Day Parade</i> <i>Corned Beef and Cabbage – Post Afterwards</i></p>
<p>17 <i>HAPPY ST. PATRICK'S DAY!</i>  Erin go Bragh MOC VA Hospital Bingo 2:00 pm</p>	18	<p>19 Taco Tuesday  HC Meeting 7:00 pm</p>	<p>20 Fried/Steamed Shrimp – Team Flattop Navy 5:30 pm to 7:30 pm</p>	<p>21 <i>Movie Night in the Canteen!</i> 6:00 pm</p>	<p>22 Good Friday</p> <p>MOC Steak Dinner 6:30 pm</p>	<p>23 Pool Tournament 3:00 pm </p>
<p>24 MOC BREAKFAST 09:30 am <u>Palm Sunday</u> 31 Easter Sunday</p>	25	<p>26 Taco Tuesday </p>	<p>27 Wings - Team Gator Navy 5:30 pm to 7:30 pm</p>	<p>28 <i>BASEBALL OPENING DAY!!! PLAY BALL!!!</i> </p>	<p>29 MOC BURGERS, Fish Sand & FRIES/ON RINGS Birthday Bash DJ Mike</p>	30